

# 6 TIPS TO HELP LAUNCH YOUR CHILD'S FUTURE

An estimated 65 percent of the jobs children will have in the future don't exist yet, but we can help little ones develop skills now to prepare them for success later in life. **Executive function skills** – which help us plan, focus our attention and juggle tasks – can be applied to any task, and they have their roots in early childhood. Use these fun and easy tips to help your child develop the skills needed to become a successful adult.

## ★ TEAMWORK

### **Knowing that the path ahead starts with collaboration**

Play a game, like taking turns stacking building blocks or teaming up to point out objects of a certain color or shape during a game of I-spy.

## ★ ADAPTABILITY

### **Reacting to new information and changing course when needed**

Turn everyday items into play props, such as using a paper towel roll as a telescope. This strengthens your child's ability to invent, create and think outside of the box.

## ★ WORKING MEMORY

### **Recalling the past and understanding how it applies to the present**

Read a book together, then ask your child to retell a favorite part of the story.

## ★ PROBLEM SOLVING

### **The persistence to look for and find a better way**

Create a scavenger hunt around your home, providing your child with clues as to where the objects might be.

## ★ CRITICAL THINKING

### **The curiosity and creativity to ask the big questions**

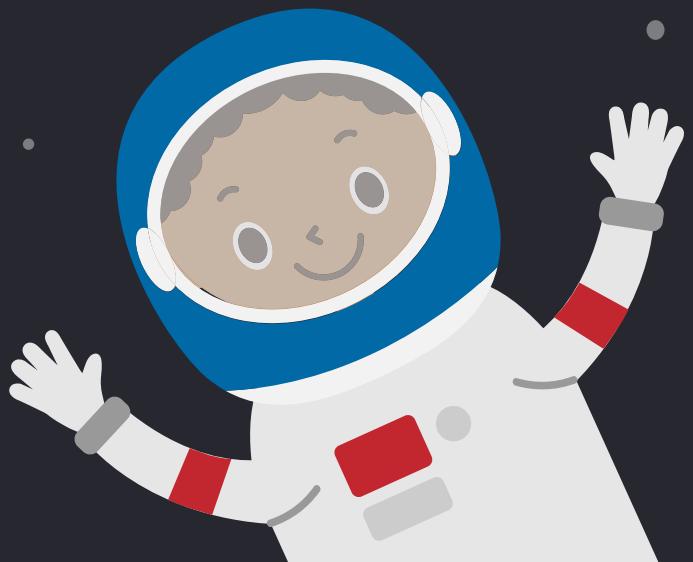
Ask open-ended questions like, "How does that make you feel?" or "Why did you decide to draw that?" and give your child plenty of time to figure out his own answers.

## ★ SELF-CONTROL

### **Managing emotions and behaviors with maturity**

Play freeze dance, having your child freeze when the music stops. Older children can freeze in a specific position for an extra challenge.

**EXECUTIVE  
FUNCTION  
SKILLS**



For more tips and resources, visit [primroseschools.com/skills](http://primroseschools.com/skills).